



WEEK OF *June 8th*

STRAWBERRY SEASON!!!

Strawberry Overnight Oats (GF,DF)- *almond milk, nj strawberries, maple, chia, flax, organic oats*

Strawberry Muffins (GF, DF) - *contains egg, strawberries*

VEGAN Avocado Breakfast Pudding (GF, DF) - *organic avocado, banana, honey, rice milk. superfood!*

Broccoli Tomato Frittata (GF) - *eggs, almond milk, onion*

VEGAN Double Chocolate Beet and Apple Muffins (GF, DF) - *contains almond flour*

Lunches

Strawberry Walnut Salad with Pineapple Vinaigrette- *Rolling Hills mixed greens, strawberries, cherry tomato, cucumber, walnuts*

****NEW** Chicken or Vegan Apple Spring Roll with Peanut Lime Sauce (GF, DF)** *mixed greens, carrot, cucumber, apple*

VEGAN Strawberry Basil Gazpacho (GF, DF) - *strawberries, watermelon, bell pepper, red onion, lime*

Spring Chicken Soup (GF,DF) -*chicken, carrot, celery, peas,, asparagus, lemon, dill, parsley*

Curried Chicken Salad with Red Grapes and Roasted Pistachio (GF,DF) - *house made curry mayo*

Dinners

VEGAN Lentil Walnut Loaf, Mashed Potatoes, Asparagus, Zesty Sauce (GF,DF) -

VEGAN Brazilian Black Bean Chili, VEGAN Cornbread, Roasted Cauliflower (GF,DF) -

Pecan Panko Parsley Salmon, Cauliflower Mash, Carrots and Zucchini (GF,DF)

Smoky Strawberry Rhubarb BBQ Grilled Chicken, Roasted Potatoes, Carrots, Zucchini (GF,DF)

Italian Shepherds Pie - Turkey Bolognese Topped with Creamy Polenta (GF)

Garlic Herb Pork Loin, Strawberry Applesauce, Mashed Potatoes Garlic Green Beans (GF,DF) -

Lemon Parmesan Crusted Chicken Fingers, Roasted Potatoes, Broccoli, Garlic Aioli (GF) -

Grass Fed "not your mamma's" Sloppy Joes, Sweet Potato Mash, Broccoli (GF,DF) -