



WEEK OF *May 25th*

ALL DELIVERIES AND PICK-UPS WILL BE WEDNESDAY THIS WEEK. CLOSED FOR THE HOLIDAY

Blueberry Overnight Oats (GF,DF)- *almond milk, nj blueberries, maple, chia, flax, organic oats*

Strawberry Muffins (GF, DF) - *contains egg, strawberries*

VEGAN Avocado Breakfast Pudding (GF, DF) - *organic avocado, banana, honey, rice milk. superfood!*

Bacon and Potato Frittata (GF) - *eggs, almond milk, onion*

VEGAN Double Chocolate Beet and Apple Muffins (GF, DF) - *contains almond flour*

Lunches

Strawberry Sunflower Salad with Balsamic Vinaigrette- *Rolling Hills mixed greens, strawberries, mandarin oranges, thin red onion, roasted sunflower seeds*

****NEW** Chicken or Vegan Apple Spring Roll with Peanut Lime Sauce (GF, DF)** *mixed greens, carrot, cucumber, apple*

VEGAN Lemony Kale and White Bean Soup (GF, DF) - *carrots, thyme, celery, fresh lemon*

Indian Spiced Turkey Mango Chili (GF,DF) - *tomato, bell pepper, mango, black beans, sweet potato*

Curried Chicken Salad with Red Grapes and Roasted Pistachio (GF,DF) - *house made curry mayo*

Dinners

VEGAN Sweet Potato and Mushroom Risotto, Asparagus, Parsley Pesto (GF,DF) -

VEGAN Chickpea and Sweet Potato Tagine, Coconut Milk Rice, Green Beans (GF,DF) -

Blackened Salmon, Cauliflower Mash, Carrots and Zucchini (GF,DF)

Thai Pork Burgers, Fried Rice, Broccoli, Bang Bang Sauce (GF,DF)

Cowboy Salisbury Steaks, Sour Cream and Chive Mashed Potatoes, Gravy, Broccoli (GF,DF)

Boneless Chicken Thigh Cacciatore over GF Pasta (GF,DF) -

Turkey Taco Bake, Quinoa, TexMex Rice, Fresh Salsa, Guac Sauce, Zucchini (GF,DF) -

Honey Mustard Chicken, Roasted Potatoes, Garlic Green Beans, Sauce (GF,DF) -

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